

set your foundation or deepen your practice
and **experience a transformation**
with **private instruction** in yoga or pilates.

inquire at the mBAR for participating instructors

RATES | 75 MIN. SESSIONS

\$125 | 1 Private Session

\$499 | 5 Private Sessions

MEMBERS RECEIVE 20% OFF REGULAR RATES

*Select rates may apply.

\$399 | THE BIG DEAL

4 Private Sessions and
Unlimited 1 Month Membership

*Membership discount already included.

*Sessions expire in 1 month.

*Restrictions may apply.

private instruction

BEACH | HOME | OFFICE | PARK | TREE HOUSE | ANYWHERE

strengthen.**focus.**balance.



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